



OCTOBER 2020

News from the Director



Fall has finally arrived; more or less! The cooler weather sets our minds on the upcoming holiday season and all the excitement that comes along with that. With the change of seasons comes a renewed time to rethink and restart. Take advantage of the weather. Fall can be a treat for the senses: the crisp air, apple picking, pumpkin carving, a gorgeous canopy of fall foliage, and the crunch of leaves underfoot. These months are a great time to exercise outdoors and enjoy cooler temperatures. Fall is the perfect time to rejuvenate body, mind and spirit.

Enjoy the weather and enjoy your family time; which is so precious. Make memories that last a life time. 😊

Blessings,
Ms. Rjcki
Director



Movement Class



This month we will continue to work on **movement awareness** as well as focus on **nonlocomotor skills** such as bending/stretching and turning/twisting. Our locomotor skills focus will be on jumping/landing, walking, running and hopping. Our **body awareness** will be on learning the bones of our body. We will have a special visitor “Mr. Jones” in movement for the month of October. He is our friendly skeleton that helps us to understand what our bones look like on the inside of our body as well as how the bones fit together. We will discuss the importance of having a skeleton as well as learning the bones that make up our skeleton.

Ms. Connie

Science with Mrs. Penny



We are having so much fun in Science learning how things in our world work. This month we will be exploring primary and secondary colors and how they are created. Grossology is the favorite subject in Science class. We will look at the science behind snot, and how it’s made. EWWWW!!

“Science is our attempt to understand the things we see — to make sense of the world around us. Scientific concepts are a way of explaining to ourselves and our children how the world works.” Science shows children the interconnections of life and teaches them that the things they observe are not just haphazard events.”

George Tokieda



Fall is Upon Us..... Let's have our annual Halloween Parade!

Our 3 year old classes, 4 year old classes and TK class would like to invite Crossing Point Families to come **PARK** your car and watch our annual parade [with a few modifications this year] as you **STAY by your car** per social distancing recommendations. We have created a parade route where our CPCS children will walk through the parking lot waving at families who will be staying at their cars. **SEE ATTACHMENT FOR PARADE ROUTE.**

October 28th ... Wednesday - Ms. Sherri (MWF), Ms. Julie (TK), Ms. Kim (M-F), Ms. Kathryn (MWF) at 9:30 am in the morning

October 29th ... Thursday - Ms. Sherri (TTH), Ms. Penny/Vickie (M-TH), Ms. Courtney (M-F), Ms. Kathryn (TTh) at 9:30 am in the morning

** The 2-year old's will **watch** the parade as a class with their teachers.

Sidenote.... In case of bad weather, we will cancel parade since we cannot go indoors at this point in time. We will not make any bad weather cancellation decision until the morning of the parade.

Please be parked in the preschool parking lot (on the east side of the preschool building off Paula Road) by 9:29 am. We will be coning off the parking lot at 9:30 am :) so that we can keep our little ones safe as they travel on the parade route through the parking lot.

Please have your child(ren) come to school dressed in their costume ready for the parade. Please, **NO SCARY** costumes! Please remember to pack an extra set of clothes for them to change into after the parade once they are back in their classrooms.

We are asking for lots of waves and/or air hugs and/or air kisses during the parade so.... please remember your social distancing during the parade as well as after the parade as we gather the classes to head back into the preschool.

The Crossing Point staff is looking forward to a Fall fun filled parade day! Happy Harvest!!

Ms. Connie

Connie Jordan, Movement Teacher
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CROSSING POINT HARVEST FEST

Each October the children at Crossing Point have been able to enjoy some Fall activities at our Annual Harvest Fest (with the help of parent volunteers) held in the BIG gym at Crossing Point. It is with a sad heart that we will not be able to do this annual event at this capacity this year due to the COVID restrictions. I so enjoyed meeting and getting to know the family members that volunteered to help at this event.

BUT.... We are not going to let COVID get the best of Harvest Fest 2020, so we are going to have a modified Harvest Fest with me (Ms. Connie) and the teachers ... no parent volunteers this year. 😞 Each class will have a day and time period during the week of October 19-22 where they will go into the movement room for some fun Fall activities. My goal is to make it just as fun as past years in the Big gym. Harvest Fest 2.0 must go on! 😊

Happy Harvest, Ms. Connie, Movement Teacher

Reminders

Just a few reminders to help our school year go smoothly:

1. Carpool arrival time is 8:50-9:05. If you arrive after 9:05 then you will need to walk your child into their classroom.
2. Drive-through pick-up at dismissal times which are 12:00 and 2:30, also known as *Carpool*, is for those in the 3s,4s and TK classes. **Please do NOT leave your car or park in the carpool lane. Remain in your car and we will bring your child to you.** 12:00 and 2:30 pick-up for our 2-year-old classes will continue to be walk-up to the door on the North end of our school (between the 2 buildings).

Other information about pick-up time is included in your orientation folder.

4. Label all your child's belongings: lunch boxes, jackets, backpacks, etc. All water bottles need to be labeled with child's first name and last initial.

5. Check your child's backpack daily for notes and information that the teachers may send home.

6. If someone else is picking up your child from school, please let the teacher and the office know who you are arranging to pick up for you.



Oct. 12th: No Preschool - MISD Teacher In-Service Day

*Oct. 26th: No Preschool - MISD Teacher In-Service Day
Extended Care offered for our Full-Time Students (Must RSVP)*

Oct. 14th & 15th: Fall Picture Days

Wednesday 14th:

2 year old Classes

Ms. Sherri's MWF Class

Ms. Kathryn's MWF Class

Ms. Kim's M-F Class

Ms. Julie's TK Class

Thursday 15th:

2 year old Classes

Ms. Sherri's T/TH Class

Ms. Kathryn's T/TH Class

Ms. Courtney's M-F Class

Ms. Penny's M-TH/TWTH Class

Monday & Tuesday Oct. 19th & 20th:

Vision/Hearing Screening

Available to Students that need this service/Call the school office for
information

Wednesday & Thursday Oct. 28th & 29th:

Crossing Point Fall Parade

9:30am

Parents Watch from their Cars

Thursday Oct. 29th:

6:00pm: FCC McKinney Trunk Or Treat
(Crossing Point Families Invited)



BRING YOUR BEST SMILE FOR FALL PICTURES



Images 4 Kids will be at Crossing Point on Wednesday Oct. 14th & Thursday Oct. 15th to take our fall pictures of each student. There is no obligation to purchase the photos, but each family will be given proofs to choose from. Due to the COVID health protocols, all precautions will be put into place during the photo shooting. A day or two after the photos are taken, you will be notified via email that your child's proofs are ready to review. You can purchase online and pay via PayPal or credit card.

PARENT INFO BOARD



The Nutrition Nook

Healthy eating spot light from a Crossing Point Parent and Registered Dietitian Nutritionist.

By: Danielle McCaslin RDN, MS

6 Tips for a Preschool Picky Eater

Parents often seek advice to help their young children learn to accept a wider variety of foods and become less "picky". Picky eating is a type of food aversion. The aversion might be to a particular texture, smell, or flavor or more simply a stereotype such as "vegetable are yucky".

- 1. Be persistent**, it can take about 10 times of a new food being introduced to find acceptance and overcome an aversion.
- 2. Limit snacking** between meals. If your child is hungry when they come to the table, they are more likely to try the new food.
- 3. One at a time**, offer a new food with a comfortable already accepted food. Trying just one new food at a time can feel less overwhelming if there is a food that the child knows they like.

4. Start a positivity rule with new foods. During the meal discourage kids from using words like smelly, gross, or weird and instead encourage positive observations about the food. The positive words could be about the color, shape or preparation method, positive flavor words can come with later introductions.

5. Involve your child in the selection or preparation of a new food. Allow them to choose a new produce item when at the grocery store with you or help prepare a food in the kitchen. Having a little buy-in can go a long way with a child's diet.

6. Model healthy eating. Let your children observe you choosing healthy foods and be sure to talk about that healthy choice. For instance, why you like that food or how it helps the body is an introduction even if the child is not ready to taste it.

CROSSING POINT PARADE ROUTE

October 28th & 29th

